

Age UK Advice Line



Age UK Advice is a free, confidential, national phone service for older people, their families, friends, carers and professionals. We have a team of expert advisers who will give you information that is reliable and up-to-date.

- Do you know what benefits to claim and how to claim them?
- Worried that you can't afford to retire?
- Anxious about a planned hospital stay and how to cope when you leave?
- Need advice on choosing the right care home?

Free, independent advice 365 days a year

Every day of the year we're open 8am-7pm, including all bank holidays because it's important that we're here when people need us the most.

Age UK advice/ information call

0800 055 6112

www.ageuk.org.uk