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| Asthma Annual Review QUESTIONNAIRE |
| All questions contained in this questionnaire are strictly confidential and will become part of your medical record.Date:       /       /        |
| \*Name (Last, First,): |       | [ ]  M [ ]  F | \*DOB:      |
|  |
| Please complete with as much detail as possible |
| When was your asthma diagnosed? | [ ]  Less than 5 years ago |
|  | [ ]  More than 5 years ago |
|  | [ ]  More than 10 years ago Please provide a date, if known: |
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| 1. **In the last month, have you had any difficulty sleeping because of your asthma symptoms (including cough)?**
 | [ ]  No |
|  | [ ]  Yes, every day |
|  | [ ]  Yes, 1-2 times each week |
|  | [ ]  Yes, 1-2 times each month |
|  | [ ]  Yes, 1-2 times each year |
|  | [ ]  Yes, see below for details |
| Details of sleeping difficulties: |
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| 1. **In the last month, have you had any of your usual asthma symptoms during the day (cough, wheeze, chest tightness or breathlessness)?**
 | [ ]  No |
|  | [ ]  Yes, everyday |
|  | [ ]  Yes, 1-2 times each week |
|  | [ ]  Yes, 1-2 times each month |
|  | [ ]  Yes, 1-2 times each year |
|  | [ ]  Yes, see below for details |
| Please give details of your daytime asthma symptoms:If known list any allergies you know which can trigger your asthma symptoms: |
|  |
| 1. **In the last month has your asthma interfered with your usual activities (e.g. housework, work, school etc)?**
 | [ ]  No |
|  | [ ]  Yes |
| If Yes, please give details: |
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| 1. **How often do you use your Reliever inhaler (Salbutamol/Ventolin)?**

***If you are using your blue inhaler (or an alternative inhaler prescribed) more than 3 times a week on a regular basis, you will need a “face to face” review*** | [ ]  Daily |
|  | [ ]  Weekly |
|  | [ ]  Monthly |
|  | [ ]  Annually |
|  | [ ]  Other, see below for details |
| Details of inhaler use (please inform us of any concerns regarding your blue inhaler use): |

Please return this to Oakleigh Road Clinic (or email back to oakleigh.reception@nhs.net)

Alternatively bring this completed form with you to your asthma review